



## CSA Designation Course

### Live Class Review – Sample Schedule

<b>Day 1</b>			<b>Text Book</b>
8:00 - 8:20	Welcome and Introductions	Mary Grace Glasier	
8:20 - 9:10	Trends and The Experience of Aging	Mary Grace Glasier	3, 103
9:20 - 10:10	Physiological	Amy D'Aprix, Video	45
10:20 - 11.10	Cognitive	Judy Rappaport, Video	324
11:20 - 12:00	Chronic Illness	Mary Grace Glasier	267
12:00 - 1:00	<b>Lunch - Provided</b>		
	<i>CSA Exam Overview</i>		
	<i>As You Become A CSA</i>		
1:00 - 1:50	Senior Nutrition and Fitness	Mary Grace Glasier	298
2:00 - 2:40	Social Security	Nancy Dykeman, Video	630
2:50 - 3:30	Medicare	Nancy Dykeman, Video	587
3:45 - 4:00	Case Study Preparation		
4:10 - 5:00	Case Study Debrief	Nancy Dykeman, Audio Conf.	

<b>Day 2</b>			
8:00 - 8:05	Daily Announcements	Mary Grace Glasier	
8:05 - 8:40	Medicaid	Nancy Dykeman, Video	611
8:50 - 9:30	Long Term Care	Nancy Dykeman, Video	532
9:40 - 10:00	Case Study Preparation		
10:10 - 11:00	Case Study Debrief	Nancy Dykeman, Audio Conf.	
11:10 - 12:00	Family and Social Support Systems	Mary Grace Glasier	119
12:00 - 1:00	<b>Lunch</b>		
1:00 - 1:50	Caregivers and Caregiving	Mary Grace Glasier	170
2:00 - 2:50	Housing	Donna Sylvester, Video	201
3:00 - 3:50	Home and Community Services	Donna Sylvester, Video	238
4:00 - 4:50	Mental Health, Grief and Loss	Mary Grace Glasier	76

<b>Day 3</b>			
8:00 - 8:05	Daily Announcements	Mary Grace Glasier	
8:05 - 8:40	Aging and Society	Mary Grace Glasier	16
8:50 - 9:40	Financial Literacy I	Frank Vidin	455
9:50 - 10:40	Financial Literacy II	Frank Vidin	455
10:50 - 11:40	Financial Literacy III	Frank Vidin	404
11:40 - 12:40	<b>Lunch</b>		
12:40 - 1:00	Activities Preparation Time		
1:00 - 1:50	Activities Debrief	Frank Vidin	
2:00 - 2:50	Ethics	Norm Bouchard, Video	651
3:00 - 3:35	Marketing to Seniors	Mary Grace Glasier	
3:45 - 4:30	End-of-Life Planning	Donna Sylvester, Video	366
4:30 - 5:00	Spirituality and Aging	Mary Grace Glasier	347

<b>Day 4</b>			
8:00 - 11:00	CSA Exam	Proctors	