



CSA Designation Course
Online Class Review – Schedule
A 6-month self-study program

The following schedule and order of topics are suggested for students' self-study during the 6-month course period. However, students may view the online recorded modules and study the course topics according to their own schedule and in the order that best fits their individual learning experience and needs.

Month 1

Part 1: Aging

Chapter 1: Trends in Aging

Chapter 2: Aging and Society

Chapter 3: Physiological Changes of Aging

Chapter 4: Mental Health, Grief, and Loss in Later Life

Chapter 5: The Experience of Aging

Month 2

Part 2: Aging Within the Family and Community

Chapter 6: The Family and Social Support Systems

Chapter 7: Caregivers and Caregiving in America

Chapter 8: Housing

Chapter 9: Home and Community-Based Services

Month 3:

Part 3: Health and Mental Health

Chapter 10: Chronic Illness in Seniors

Chapter 11: Senior Nutrition, Fitness, and Healthy Lifestyles

Chapter 12: Cognitive Aging

Chapter 13: Spirituality and Aging

Chapter 14: End-of-Life Planning

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Month 4

Part 4: Financial Literacy

Chapter 16: *Financial Literacy I and II*: Financial Choices and Challenges for Seniors

Chapter 15: *Financial Literacy III*: Estate Planning

Chapter 17: Long-Term Care Coverage

Chapter 18: Funeral Planning

Months 5 and 6

Part 5: Medicare, Medicaid and Social Security

Chapter 19: Medicare

Chapter 20: Medicaid and Seniors

Chapter 21: Social Security

Part 6: The Community of Certified Senior Advisors

Chapter 22: Ethics in Doing Business With Seniors

Chapter 23: Marketing to Seniors

Take the CSA Exam:

- The CSA Exam must be attempted by the end of the 6-month course expiration date.

If you have questions, contact your Education Representative at 1-800-653-1785.